

# MULTICENTRIC INTERNATIONAL RESEARCH PROJECTS: A CONTRIBUTION TO OCCUPATIONAL HEALTH NURSING

## **Elisabete Borges**

Escola Superior de Enfermagem do Porto, Portugal, CINTESIS@RISE

## **Cristina Queirós**

Faculdade de Psicologia e de Ciências da Educação da Universidade do Porto

## **Helena Macedo**

Escola Superior de Saúde, Universidade de Aveiro, Institute for Research in Biomedicine

## **Margarida Ferreira**

Escola Superior de Saúde Jean Piaget de Vila Nova de Gaia, CINTESIS@RISE

## **Assunção Nogueira**

Escola Superior de Enfermagem Tâmega e Sousa, IPSN, CESPU

## **Margarida Abreu**

Escola Superior de Enfermagem do Porto, CINTESIS@RISE

[elisabete@esenf.pt](mailto:elisabete@esenf.pt)

**ENFERMERÍA  
DEL TRABAJO**

**360°**

**II CONGRESO INTERNACIONAL DE  
LA ASOCIACIÓN DE ESPECIALISTAS  
EN ENFERMERÍA DEL TRABAJO**

**13 JORNADA DE LA AET  
8ª JORNADA DE ACITSL**

**DEL 15 AL 17 DE FEBRERO DE 2024**

 **Col·legi Oficial d'Infermeres i  
Infermers de Barcelona**

# INTRODUCTION

Research plays a pivotal role for the advancement of scientific knowledge. It also become one of the integral competencies for occupational health nurses seeking continuous development for the profession and occupational health nursing

# OBJECTIVES

This work aims to present the production indicators and experiences within the Health Work Project International (HWOPI) from 2021 to 2023

**HWOPI** - Strives to foster the development of occupational health nursing and workers' health, the promotion of health, disease prevention and dissemination of scientific knowledge



Comprising a multidisciplinary, multicentric, and international team (Portugal, Brazil and Spain) rooted in teaching and clinical practice



**Elisabete Borges**  
Coordinator



- Nursing School of Porto, Portugal
- Faculty of Psychology and Education Sciences of the University of Porto, Portugal
- School of Health Sciences, University of Aveiro, Portugal
- Advanced Polytechnic and University Cooperative, Portugal
- Facultad de Medicina y Ciencias de la Salud (Enfermería), Universidad de Oviedo, España
- School of Nursing of the University of São Paulo, Brasil
- Santa Catarina State University, Brasil



## AIMS

- To continue the INT-SO project. <http://i-d.esenf.pt/int-so/>
- To deepen the knowledge on dimensions of work contexts and workers' health
- To identify and develop strategies for occupational health that can be implemented in proposals for intervention programmes
- To contribute to the adoption of professional and training standards promoting the continuity and consistency of occupational health nursing practice
- To contribute to the empowerment of occupational health nurses and healthy and safe workplaces
- To develop technologies that enhance and support undergraduate and postgraduate student learning in occupational health and support the area of occupational health
- To develop comparative studies in different work contexts and countries
- To promote the exchange of researchers and students from the countries involved



## MATERIAL AND METHODS

- The project specializes in conducting quantitative, qualitative, or mixed research
- The target population spans workers from diverse work contexts
- Selected through various sampling methods and sample types
- Data collection involves using instruments tailored to the study's nature and objective
- Descriptive and inferential analyses, employing SPSS® and/or content analysis, are applied
- Ethical procedures are followed for the different studies according each country



# RESULTS

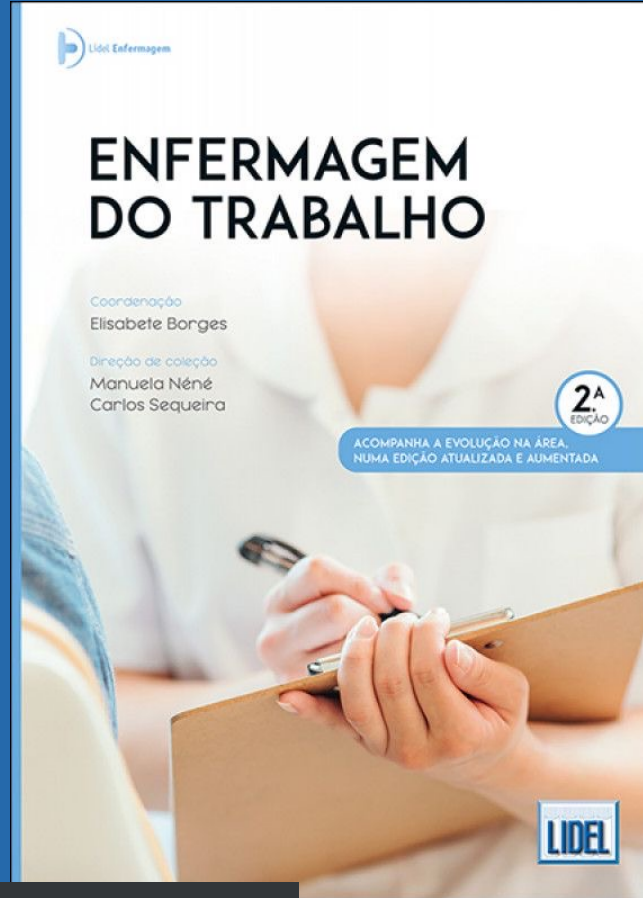
21  
Scientific  
articles

17  
Book  
chapters

2  
Books  
1  
e-book

1  
Completed  
Doctoral  
Thesis

20  
Completed  
Master's  
Dissertations



## PLOS ONE

RESEARCH ARTICLE

The relationship between presenteeism, quality of life and social support in higher education professionals: A cross-sectional path analysis

Sónia Magalhães<sup>1,2,\*</sup>, Joselina Barbosa<sup>2</sup>, Elisabete Borges<sup>3,4</sup>

<sup>1</sup> Institute of Biomedical Sciences Abel Salazar, University of Porto, Porto, Portugal, <sup>2</sup> Faculty of Medicine the University of Porto, Porto, Portugal, <sup>3</sup> Nursing School of Porto, ESEP, Porto, Portugal, <sup>4</sup> Center for Health Technology and Services Research—CINTESIS@RISE, Porto, Portugal

\* [soniamagalhaes73@gmail.com](mailto:soniamagalhaes73@gmail.com)

International Journal of  
*Environmental Research  
and Public Health*



Article

Shorted Happiness at Work Scale: Psychometric Proprieties of the Portuguese Version in a Sample of Nurses

Sofia Feitor<sup>1,\*</sup>, Teresa Martins<sup>1,2</sup> and Elisabete Borges<sup>1,2</sup>

<sup>1</sup> Nursing School of Porto, ESEP, 4200-072 Porto, Portugal  
<sup>2</sup> Center for Health Technology and Services Research—CINTESIS@RISE, 4200-450 Porto, Portugal  
\* Correspondence: [sophiefeitor@gmail.com](mailto:sophiefeitor@gmail.com)

## ORIGINALES

INTERACÇÃO FAMILIAR E FELICIDADE NO TRABALHO:  
ESTUDO COMPARATIVO COM ENFERMEIROS  
EM PANDEMIA COVID-19

<sup>1</sup> Elisabete Maria das Neves Borges  
<sup>2</sup> Maria Teresa Sevilas Martins  
Carneiro  
<sup>3</sup> Sofia Alexandra Ribeiro Loureiro  
<sup>4</sup> Leticia de Lima Trindade  
<sup>5</sup> Helena Maria Almeida Macedo  
Loureiro

<sup>1</sup> Doutora em Enfermagem, Escola Sup  
ORCID: <https://orcid.org/0000-0002->  
<sup>2</sup> Mestre em Direção e Chefa de Serv  
EPE, Portugal. ORCID: <https://orcid.o>  
<sup>3</sup> Mestre em Direção e Chefa de Serv  
EPE, Portugal. ORCID: <https://orcid.o>  
<sup>4</sup> Doutora em Enfermagem, Universid  
ORCID: <https://orcid.org/0000-0002->  
<sup>5</sup> Doutora em Ciências e Tecnologias d  
IBIMED, Portugal. ORCID: <https://orc>  
E-mail: [elisabete@esenf.pt](mailto:elisabete@esenf.pt)

Fecha de recepción: 25 de noviembre de 2022.  
Fecha de aceptación: 10 de febrero de 2023.

International Journal of  
*Environmental Research  
and Public Health*



<https://www.mdpi.com/journal/ijerph>

Article

Presenteeism in Non-Academic Staff in a Public University Context: Prevalence, Associated Factors, and Reasons to Work While Sick during the COVID-19 Pandemic

Sónia Magalhães<sup>1,2,\*</sup>, Joselina Barbosa<sup>2</sup> and Elisabete Borges<sup>3,4</sup>



# FREE ONLINE COURSE

## Health-Promoting Strategies in the Workplace

Ciências da Saúde e da Vida

### Estratégias Promotoras de Saúde no Trabalho

Cód. EPST

Aprofunde conhecimentos e desenvolva competências na área da saúde do trabalho que promovam a saúde no contexto de trabalho dos enfermeiros.

Duração: 35 horas   Esforço: 35 horas   Ritmo: Ao ritmo do estudante

Idiomas: Português

1.594 já inscritos!



#### Inscrição

De 09/11/2023 a 12/12/2024

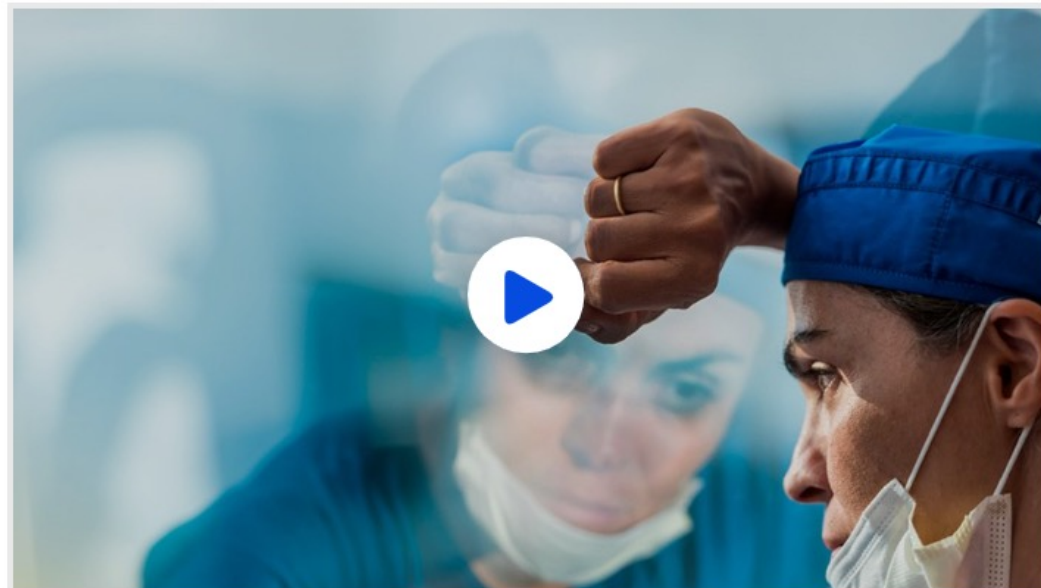
#### Curso

De 14/11/2023 a 19/12/2024

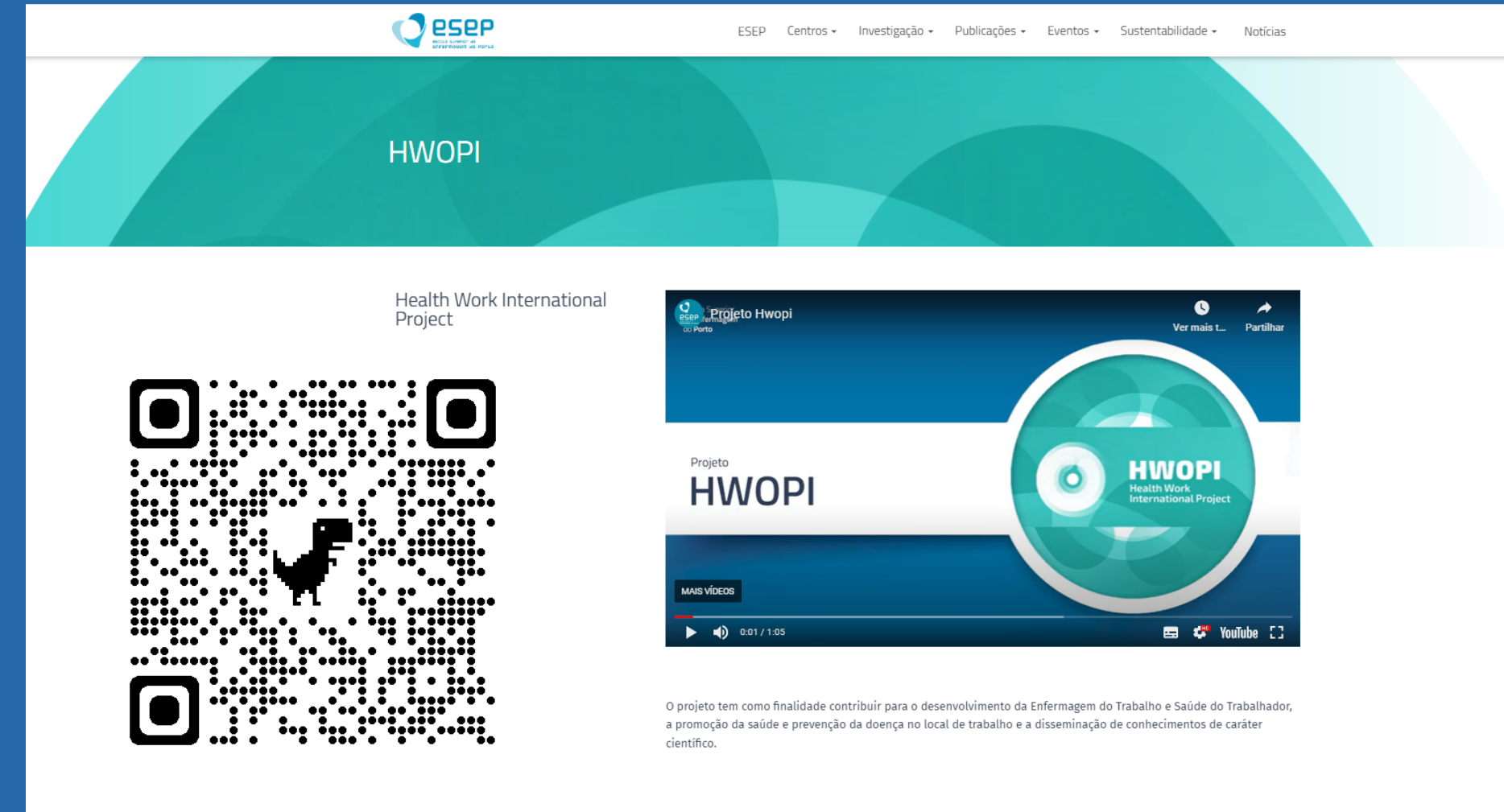
#### Idiomas

português

Faça login para se inscrever



<https://www.nau.edu.pt/pt/curso/estrategias-promotoras-de-saude-no-trabalho/>

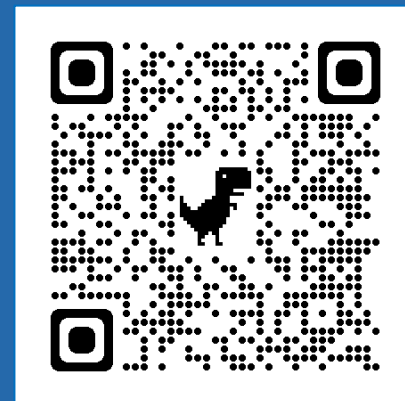


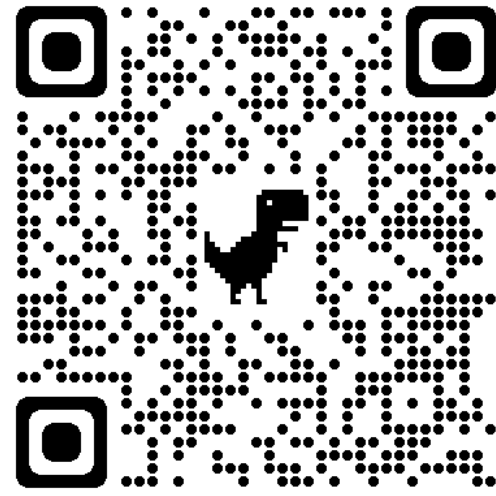


## CONCLUSION

The produced outcomes confirm the successful achievement of the project's objectives, motivating the team to pursue further research and contributing to the affirmation of occupational health nursing and occupational health

## REFERENCES





**HWOPI**  
Health Work  
International Project

[elisabete@esenf.pt](mailto:elisabete@esenf.pt)



*¡Muchas gracias!*



II CONGRESO INTERNACIONAL  
**ENFERMERÍA DEL TRABAJO**

**BARCELONA 2024**  
15, 16 Y 17 DE FEBRERO